Issue 35 19th June 2026

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Newsletter

Dear Parents and Carers,

Our Big Nest and KS1 Sports Days were a fantastic success, thank you to all the families who came along to support. The children, alongside Year 5 pupils from EVS, absolutely shone and brought our values of **Community, Pride and Aspire** to life. Unfortunately, the British weather had other ideas for our EYFS event, it seems even the rain wanted to join in! We are looking forward to this now taking place on **Thursday 2nd July at 9:00am**. Entrance will be via the **main gate**, and we look forward to you joining us.

Please note that, from September, **there will be a slight increase to the cost of our Wrap Around Care provision, which takes place at EVS**. We remain committed to providing a high-quality, safe and engaging environment for all of our Merebrook and Emerson Valley children, with experienced staff and a range of activities before and after the school day. This adjustment will help us to continue maintaining these standards in light of rising operational costs. We understand the importance of affordable childcare for our families and have kept any increase as minimal as possible. **Please see page 4 of this newsletter for full details**, including updated pricing and session information.

Please remember that our **Parent Survey is still live until next Friday**. We would really appreciate you taking 5 minutes to complete the survey if you are able to. The survey can be accessed by clicking here.

We are pleased to share that, **from September, we will be changing our catering provider to Culinera**. This is great news for families, as meals will be able to be ordered on the day, up until 9:30am, offering greater flexibility, and an exciting new menu. We are excited about this new partnership and will share further details, including menus and how to order, shortly.

Next week is set to be a busy and exciting one at Merebrook, with both our Year 1 and Year 2 children heading out on school trips. Whether your child is in school or out on a visit, **please ensure they are well prepared for the warm weather by applying sun cream before school and sending them in with a sun hat and a filled water bottle.** With high temperatures expected, your support in keeping children safe, comfortable and ready to learn is greatly appreciated.

Have a great weekend!

Mrs White

Executive Headteacher

Upcoming MK MHST Groups
Parent Groups - starting September

As we come to the end of the summer term, please click here to access the **latest edition of the MK Mental Health Support Team (MHST) newsletter**, which is designed for schools and families. The final page of this newsletter includes details about parenting workshops including 'Helping your child with fears and worries', 'Positive parenting' and 'Reflective parenting'. These are all suitable for Parents and Carers with children as young as 5 years old. More details about these sessions can also be found on **page 3 of this newsletter**.

Golden Book

Wagtails: Liamm and Ashton

Robins: Arnold and Aadhira

Starlings: Harper and Feliks

Woodpeckers: Samuel & Conscience

Kestrels: Jessica and Hinaya

Finches: Evelyn and Lael



Summer Term dates

These dates are for both Merebrook and Emerson Valley unless otherwise indicated. NEW EVENTS IN RED.

19th June 2026	CHoMS Father's Day Shop at Merebrook
22nd and 23rd June 2026	**Year 4 to St Albans Cathedral**
23rd June 2026	**Year 2 trip to Hazard Alley** **Year 1 enrichment day: Victorians**
24th June 2026	**Year 1 Visit to MK Museum**
25th June 2026	**Years 3 and 4 Sports Day (am)**
26th June 2026	**Years 5 and 6 Sports Day (am)** **Year 6 BBQ and Sleepover**
29th June 2026	**Transition Day**
2nd July 2026	**EYFS Sports Day 9:00am**
6th July 2026	**EYFS, Year 1 and year 2 Awards at 2:45pm** (invite only if your child is receiving award) **Year 6 Residential meeting for current Year 5 Parents and Carers at 3:35pm**
7th July 2026	**EYFS trip to Woburn Safari Park** **Year 3 and 4 Awards at 1:30pm** (invite only if your child is receiving award) **Year 5 and 6 Awards at 2:15pm** (invite only if your child is receiving award)
9th July 2026	**Year 3 and 4 reserve Sports Day** (only needed if event cannot go ahead on 25th June)
10th July 2026	**Year 5 and 6 reserve Sports Day** (only needed if event cannot go ahead on 26th June)
13th July 2026	**Year 6 Production to Parents at 2pm** (Parks and Luther King parents invited)
14th July 2026	**Year 2 Leavers assembly at 9am** **Year 6 Production to Parents at 2pm** (Attenborough and Darwin parents invited)
15th July 2026	**Year 6 End of Term Party 4:30-6:00pm** **Merebrook School Council Disco: Early Years and Year 1: 3-4pm, Year 2:4:15-5:15pm**
17th July 2026	**Last day of the school year.**

Upcoming MK MHST Groups
Parent Groups - starting September

We offer a range of evidence-informed parent groups to support families in understanding and responding to their child's emotional and behavioural needs. These groups are offered following an MHST assessment and are delivered online by our clinicians.

Helping Your Child with Fears and Worries
For parents/carers of children aged 5–11 experiencing anxiety, fears or panic.
A practical, evidence-based group to help you support your child's emotional wellbeing and reduce anxiety.

Next groups:
- Tues 8 Sept, 5:30–7:00pm (Zoom, 6 weeks)
- Thurs 5 Nov, 9:30–11:00am (Zoom, 6 weeks)

Reflective Parenting
For parents/carers of children aged 5–11 who want to better understand their child's emotions and behaviour. A guided group using CBT and mentalisation approaches to strengthen relationships and support calmer responses.
- Builds understanding of what sits behind behaviour
- Supports parents to pause, reflect, and respond more calmly
- Improves connection and reduces conflict

Next groups:
- Mon 7 Sept, 1:00–2:30pm (Zoom, 8 weeks)
- Mon 7 Sept, 5.30-7pm (Zoom, 8 weeks)

Positive Parenting (Incredible Years)
For parents/carers of children aged 5-8 with behavioural or emotional difficulties
- Build positive relationships and support emotional regulation
- Focus on praise, routines and clear boundaries
- Strategies for managing challenging behaviour
- Boosts confidence and family connection

Next group:
Autumn Term date/time tbc (Zoom, 8 weeks)

Non-Violent Resistance (NVR)
A new trial group for parents/carers of young people aged 11–14 showing challenging or harmful behaviours.
A structured approach focusing on
- de-escalation,
- strengthening parental presence,
- helping parents feel more in control.

Next group:
- Thurs 10 Sept, 5:00–6:30pm (Zoom, 10 weeks)

Interested in attending?

Make a referral to us now to secure your spot



Wraparound Care AT EVS



Our wraparound care takes place at Emerson Valley School and is open to children from both EVS & Merebrook. It is the ideal setting for children to have a purposeful start to the day or a fun-filled end to their school day whilst establishing lasting friendships and having a great time together!

SEPTEMBER 2026 PRICES
£5- BREAKFAST CLUB
£12-AFTER SCHOOL CLUB

- Homework Club (a dedicated, quiet room)
- Film Nights/ Art & Crafts/ Disco Nights
- Healthy breakfast/ healthy snacks
- Outdoor activities

7:45-8:40A.M.
3:25-6:00P.M.

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PARENTS@EVS5D.COM

Merebrook and Emerson Valley Schools

Term Dates 2026/2027

Autumn Term 2026	
INSET day – school closed	**Tuesday 1st September 2026**
INSET day – school closed	**Wednesday 2nd September 2026**
Open on the morning of:	Thursday 3rd September 2026
Closed at the end of the afternoon of:	Friday 23rd October 2026
Half term	Monday 26th October – Friday 30th October 2026
INSET day – school closed	**Monday 2nd November 2026**
Open on the morning of:	Tuesday 3rd November 2026
Closed at the end of the afternoon of:	Friday 18th December 2026
Spring Term 2027	
Open on the morning of:	Monday 4th January 2027
Closed at the end of the afternoon of:	Friday 12th February 2027
Half term	Monday 15th – Friday 19th February 2027
Open on the morning of:	Monday 22nd February 2027
Closed at the end of the afternoon of:	Thursday 25th March 2027
Summer Term 2027	
Open on the morning of:	Monday 12th April 2027
Closed at the end of the afternoon of:	Friday 28th May 2027
Half term	Monday 31st May – Friday 4th June 2027
INSET day – school closed	**Monday 7th June 2027**
Open on the morning of:	Tuesday 8th June 2027
Closed at the end of the afternoon of:	Tuesday 20th July 2027
INSET day – school closed	**Wednesday 21st July 2027**

***In addition, the school will be closed on Monday 3rd May 2027 for the Early May Bank Holiday.**